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Happy Holidays to all of you!!!!

December has arrived and with it came the crisp, cool weather. Along with the typical hustle and bustle of the holidays, I am amazed at all the Chapter has planned for the next few weeks. On December 10th, we will be building “Blocks” for little children to use at The Sojourner Center. Pam Dullum is heading up the construction effort and we hope to build 4 or 5 blocks in one morning. I am building challenged, but Pam has said she has a job that even I can do. ☺

The Sojourner Center is a local facility that provides shelter and support services to thousands of individuals affected by domestic violence. We have “adopted” Sojourner for the holidays and are providing “Wish List” items for them, as well, and will play Santa’s elves and deliver the items the week of the 16th.

Our Holiday event is going to be AWESOME. We are celebrating the season with our NAWIC members, families and friends at the Desert Botanical Gardens Luminarias Night on Thursday, December 15th. After eating a great buffet dinner together, we will walk through the desert landscape, illuminated by the luminarias and stop at different locations to hear all types of wonderful music – everything from hand bells, to jazz, to Indian flute, to classical guitar, to mariachis. This is a great opportunity to take a moment to reflect on the real reason for the season.

Then, before we know it, the NEW YEAR will be here. We have an office clean up planned and a bunch of us will be volunteering at a water stop at the PF Chang’s Marathon race on January 15th. It is another great way to get the word out about NAWIC, have fun with friends and act a little crazy.

Though we have lots of fun things planned, holidays can be a difficult time for many people. Please, take a moment during this busy season to go that little extra step and smile at that grouchy person you may encounter in the store.....you never know.....you may just change their holiday, possibly change their life. You are also burning calories as a smile uses more muscles than a frown. Remember to also take time for yourself to relax and unwind from the stress we put on ourselves as SUPERWOMEN.

Best Wishes for a Wonderful Christmas!

Kathy Kingsland, CIT

Greater Phoenix Chapter #98 President



NAWIC Chapter 98 is on Facebook!

To attract more women to NAWIC, we've launched our official "NAWIC Phoenix" Page on Facebook!

If you haven't already, please visit <http://www.facebook.com/NAWICPhoenix> and click "Like" while you're there.

Feel free to post industry news and events, Pictures, Videos, Ask questions, etc - chat about the fun you've had with NAWIC, the stuff you learned and share stories – just remember this is public.

Let's make this fun and share, comment & like as you go!

FYI – if you do not have a Facebook account, you can still view

the NAWIC Phoenix Page <http://www.facebook.com/NAWICPhoenix>

Visit the wall <http://www.facebook.com/NAWICPhoenix?sk=wall>

or look at photos <http://www.facebook.com/NAWICPhoenix?sk=photos>

Carol Hagen

"People grow through experience if they meet life honestly and courageously. This is how character is built."

Eleanor Roosevelt



APC – 1st Timer!

The 2011 Region 8 NAWIC Annual Planning Conference in Scottsdale Arizona was my first APC during my 3 years with NAWIC.

I wasn't sure what to expect out of the 2 day event.

But to my surprise it was an excellent opportunity to see fellow members of our region on a professional and person level.

Attending these events reminds me of the fun I had as a little girl at slumber parties! We get the opportunity to talk about everything from our work to our personal lives.

As I've heard people mention before; these events are like a mini therapy sessions.

The team building / orienteering exercise was a great opportunity for those who do not live here in the Arizona Desert and for ones like myself who do. I learned so much about my states desert that now when I see a tree or cactus I know exactly what it is. The gained knowledge has lifted my spirit and pride of Arizona!

I also enjoyed the team event to see each one of us from different age groups and backgrounds get out there and complete the task.

The day of meetings was very informative as a NAWIC member; hearing more about the National News & Bylaws, NEF, and Membership Recruitment Program. To help breakup the day of NAWIC information we had a great Speaker Otto Siegal, Genius Coaching, who discussed the different personalities and how to best work with your type and learn about others. This topic is one that I like to hear at least twice a year to remind myself that I am different than my NAWIC Sisters and Co-Workers and that helps to really alleviate conflict when you have that mind set.

Attending these events outside of our Monthly Membership and Board meetings is something I encourage every NAWIC member to do. There is only so much time at the monthly meetings to really discuss the actual ins and outs of NAWIC and those are geared towards our Greater Phoenix Chapter; we are a part of a wonderful region of Women in our surrounding states and getting to know them gets you excited for all the upcoming events; i.e. Forum and Convention to name a few!

Thank you Linda Kofford and the Fabulous Ladies of the Phoenix Chapter for a fun event!

Robin Hadley, CTR

Project Assistant, Development & Construction

THEY CALL US "FIRST TIMERS"

Catch the Spirit, St Louis

2011 NAWIC National Convention

It even says "First Timer" on my name badge. What an experience it was to attend my first NAWIC National Convention in St Louis. This is my 6th year as a member of the Greater Phoenix Chapter 98, so why did I wait until 2011 to attend? This is the first year I've approached my boss about going. Surprise! He said "yes". No questions, just "yes". Guess what ladies, if you don't ask, the answer is always "no".

Ask. You'll be glad you did.

If I could list three things I came away with it would be #1 Respect for the amazing women that lead this organization, #2 Tools to be a better me (awesome seminars) and #3 Memories created with life long friends.

Forum is coming up in May 2012 and will be held in Tucson. I'll be there! Another first for me and I can't wait!

~ Jo Nelson

THE TIME OF MY LIFE

Prior to convention, I was having problems at work that we all experience at one time or another, the feeling that you are not appreciated. I was sad and confused and wasn't sure where I was going with the organization. After a therapeutic plane ride with my friends, we landed in St. Louis. The weather was fabulous and I was so glad to be back in the state that I lived in for numerous years.

We arrived at the hotel, dropped our bags in the room and went to the NAWIC Marketplace. We immediately ran into friends from Phoenix! Everyone at the Marketplace was nice and it was interesting to see what wares were being sold to benefit individual chapters. I started denting my bank account early! We met friends for a meal and spent several hours talking about everything under the sun. It was a relaxing afternoon. That evening was a fun party where we were able to eat, drink and be merry. There was dancing, games and plenty of pictures.

The next few days were filled with interesting classes and lectures that were informative and fun. There were adventures in site seeing (the Budweiser plant, the Arch and Botanical Gardens) and dining. We were also fortunate enough to go to a St. Louis Cardinal's game and I was able to see my favorite player, Albert Pujols.

The last day of classes, I was extremely emotional. Every class seemed to pertain to something that I was experiencing at work. I was able to gain tools that helped me analyze and re-evaluate my approach to work situations. I learned to meditate and slow down. I learned to speak with thought and conviction and to generally believe in myself.

When I arrived back to work, it was with a sense of renewal and hope. I have recently received a promotion with a large amount of responsibility. I am excited (and scared) and feel that a large part of my success was from the positive influence from my friends and the skills that I obtained from Convention. At least once a day I look at the pictures on my desk from that week, smile and say a silent thank you to my friends. I can't wait for next year!

~ Amy Irwin

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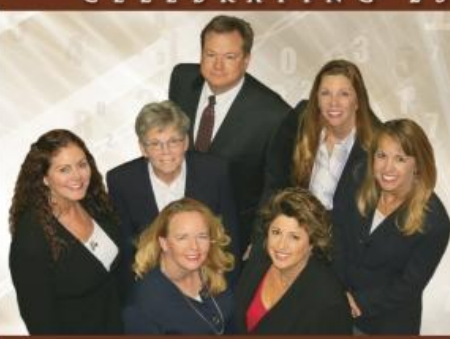
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Construction Industry News

PCL Construction is again at the heart of a great volunteer opportunity for NAWIC members, Habitat for Humanity. They are looking for volunteers, 16 years and older, no experience necessary, to work on the Vista Del Sol project. You may sign up for as many dates as you wish. Each person should email Lourdes Lopez with the names of the participants and their availability. She will ensure that get signed up.

Lourdes' group is scheduled for work on February 4, 2012 (they kindly reminded us that this is the day BEFORE the Super bowl) and must fill 25 available spots. This group will work on the completion of the framing. Lunch will be provided.

Please take the opportunity to participate in a worthwhile endeavor with great people. Contact Lourdes for further details.



Habitat for Humanity Schedule

01/14/12	Framing		03/10/12	Interior painting
01/21/12	Finish framing - ready for trusses		03/17/12	Exterior painting
01/28/12	Install trusses - frame roof		03/24/12	Doors and trim
02/04/12	Complete all framing		03/31/12	Finish trim carpentry
02/11/12	Pre-drywall framing		04/07/12	Closed for Easter
02/18/11	Closed for President's Day wknd		04/14/12	Landscaping – clean tubs
02/25/12	Drywall		04/21/12	Install accessories Touch up
03/03/12	Complete drywall		04/28/12	Punch list – Final clean up

05/05/12 Dedication

Sojourner Center

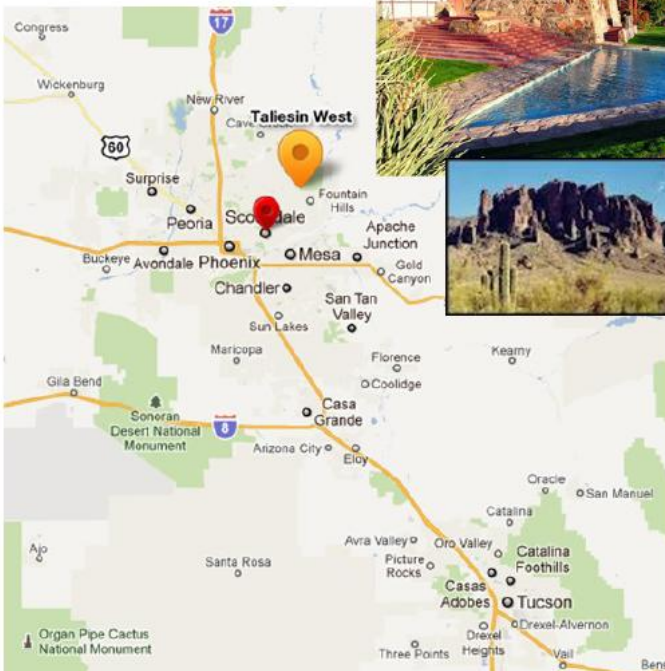
A special thanks to all that donated items for the Sojourner Center. The amount of items collected exceeded our expectations. Thank you to Stacy Spetter and Vicky Aviles for allowing us to use your workplaces as collection sites. I am sure that there are several smiling faces due to the generosity of our members, their families and co-workers. It is so rewarding to work with such a great organization! Pre-

In January we will finish the boxes for the children at the center. Our previous endeavor in the production of the boxes was interesting. Pam Dullum was great in teaching us the proper way to use tools, making templates for the challenged (like me) and cutting wood. Stacy's office cut the carpeting. There will be pictures coming up in the next edition and on the Facebook page.

REGION 8 MEMBERSHIP CONTEST

THE GREAT DESERT RACE... FROM SCOTTSDALE TO TUCSON

	Sept 30	Oct 30	Retained	New
Dasher #90	20	11	11	0
Dancer #98	77	60	54	6
Prancer #112	37	26	24	2
Vixen #122	22	19	19	0
Comet #248	29	22	19	3
Donner #356	26	20	18	2
West. Colo. #359	15	10	10	0
Member-at-Large	6	7	6	1
Student-at-Large	12	0	0	0
Total Region membership 2010-2011		244		
Total Region membership Oct. 2011		175		



Dasher #90 Salt Lake



Dancer #98 Gr. Phoenix



Prancer #112 Metro Denver



Vixen #122 Tucson



Comet #248 El Paso



Donner #356 Colo. Springs



Blitzen #359 West. Colorado

Statistics has been taken from the national month-end membership reports.

NEXT STOP—November 30 THE SUPERSTITIONS

REGION 8 MEMBERSHIP CONTEST

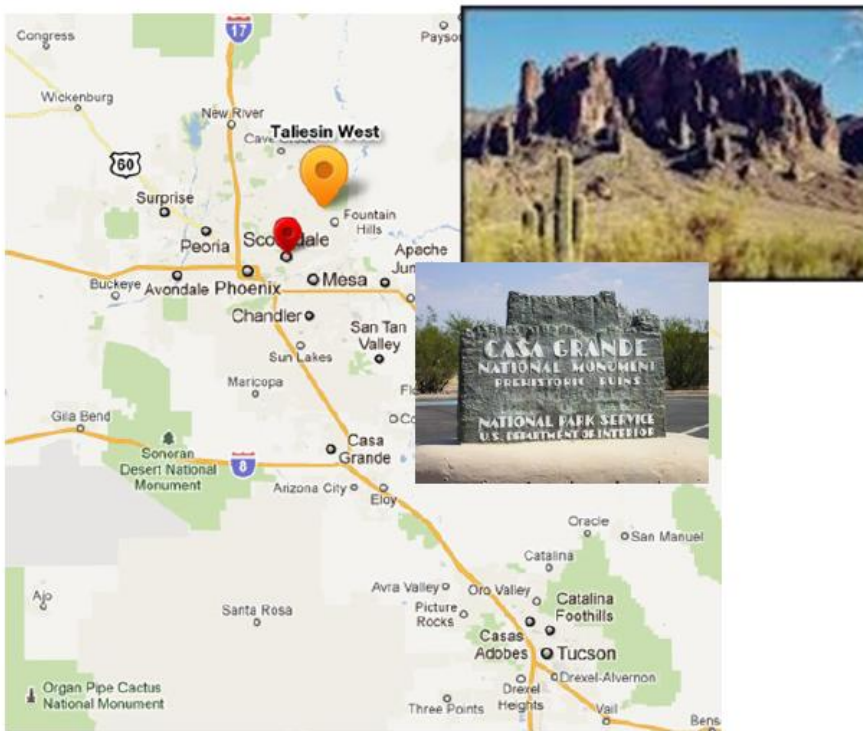
THE GREAT DESERT RACE... FROM SCOTTSDALE TO TUCSON

	Sept 30	Nov	Retained	New *
Dasher #90	20	12	12	0
Dancer #98	77	64	56	8
Prancer #112	37	28	25	3
Vixen #122	22	20	19	1
Comet #248	29	22	19	3
Donner #356	26	20	18	2
West. Colo. #359	15	10	10	0
Member-at-Large	6	7	6	1
Student-at-Large	12	0	0	0

Total Region membership 2010-2011 244

Total Region membership Oct. 2011 183

*New Member Total is accumulative



NEXT STOP – CASA GRANDE NATIONAL MONUMENT

Don't Get Left Behind—Recruit * Recruit * Recruit

Statistics taken from the national membership report



Dasher #90 Salt Lake



Dancer #98 Gr. Phoenix



Prancer #112 Metro Denver



Vixen #122 Tucson



Comet #248 El Paso



Donner #356 Colo. Springs



Blitzen #359 West. Colorado

- **NAWIC Under the Stars**

NAWIC Under the Stars was a terrific event. Food, family, friend and fun...Who could ask for anything more? There will be pictures posted in the next newsletters and on Facebook in the next edition.



- **Office cleanup**

The office cleanup is scheduled for January 7th. If you are available to assist, please contact Stacy Spetter.



Save the Date!!!

Tee Off WIC Week *with* **Nine & Wine**

Sunday, March 4, 2012

Water Station at P.F. Chang's Rock 'n' Roll Marathon

Ladies,

As requested - another volunteer opportunity...

NAWIC volunteers are needed for the upcoming *P.F. Chang's Rock 'n' Roll Arizona Marathon and 1/2 Marathon* on Sunday, January 15, 2012 in Downtown Phoenix and Tempe. The race benefits the National Multiple Sclerosis Society.

This year NAWIC will be a part of the Race Crew for the marathon. We will be helping out by working a water station during the race. This is also a great opportunity to promote our Chapter in front of thousands of participants since we can all wear our NAWIC t-shirts and make banners to decorate our station.

I will provide additional details such as time, location, parking, etc. as soon as the race organizers send it out to the team captains. In the meantime, if you are available to participate roughly between 6:00am and 3:00pm on 1/15/12 please follow the instructions below to join our group. I've set our goal at 20+ volunteers so please bring family and friends! I technically don't count towards the 20 participants as I will be taking water from each and every one of you since I will be attempting to complete the full marathon myself... 26.2 miles :/

STEP	WHAT TO DO
1	Visit the race volunteer website: http://runrocknroll.competitor.com/arizona/volunteer
2	Click the blue "RACE CREW VOLUNTEER SIGNUP" button
3	Click the "CREATE NEW USER" button
4	If you have never volunteered for this event before click "CONTINUE"
5	Create a username and password
6	Volunteer type: select "an individual registering to volunteer as part of a group"
7	Fill out contact information
8	Select a group: NAWIC
9	Select a shift: Water Station - Sunday, January 15, 2012
10	Agree to the liability waiver and click "SUBMIT"

~Lourdes Lopez

SAFETY

Whether you are frying a turkey or shopping during this busy holiday season, remember to focus on safety. Here are a few safe holiday shopping reminders for you and your loved ones:

- Shop during daylight hours whenever possible. If you must shop at night, go with a friend or family member.
- Stay alert to your surroundings.
- Avoid wearing expensive jewelry.
- Always carry your driver's license or identification card along with only the necessary cash, checks and/or credit cards you expect to use.
- Avoid carrying large amounts of cash. Pay for purchases with a check or credit card when possible.
- Keep cash in your front pocket.
- Be extra careful if you do carry a wallet or purse. They are the prime targets of criminals in crowded shopping areas.
- Notify the credit card issuer immediately if your credit card is lost, stolen or misused.
- Keep a record of all of your credit card numbers in a safe place at home.
- Avoid overloading yourself with packages. It is important to have clear visibility and freedom of motion to avoid mishaps. Don't leave packages in your car where they are visible through the windows.

Reprinted in part from email by Dr. Isabel Perry who is an author, consultant and more.

Holiday Fun

W C S S R A T S S L D J P I G
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V T G A A R J G A T V V J L Y

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STOCKINGS
TREE

**WELCOME NEW MEMBERS
IN THE MONTHS OF OCTOBER AND NOVEMBER**

Vicky Aviles – Western Technologies, Inc.

Teri Davis – Sierra Signs & Services, Inc.

Kimberly Gibbs – Kimberly Gibbs Designs

Rosa Herring – A Company Portable Restrooms

Sheryl Hitchcock – United Rentals Northwest Inc.

Cindy Ketcherside – ABC Glass

Lisa Polosky – United Rentals Northwest Inc.

Diane Travis – Haley Construction Company



Helpful websites:

Greater Phoenix Chapter of NAWIC - www.nawicphoenix.org

Construction Dictionary© - www.constructiondictionary.com

NAWIC Region 8 - www.nawicregion8.org

NAWIC National - www.nawic.org

NAWIC Education Foundation - www.nawiceducation.org

The National Association of Women in Construction (NAWIC) was founded in Ft. Worth, Texas, in 1955. NAWIC's core purpose is to enhance the success of women in the construction industry. NAWIC's 50+ years of service to its members have helped

more than 5,500 members and 185 chapters in the U.S. The association's membership comprises business owners, engineers, architects, tradeswomen and those in a variety of other construction-related careers. NAWIC is also affiliated with NAWIC - Australia, NAWIC - New

African Women in Construction, NAWIC - United Kingdom, and CAWIC - Canada.